



## World Interfaith Harmony Week

We had the feeling to base the retreat around sharing the experiences and questions people have on their spiritual journeys. Here are some of the questions that we thought may be of interest to the group. If you have any questions you would like included, could you forward them?

Friday evening's session will be a sharing of what each person thinks is the most beautiful aspect about his//her faith.

What is it you most value about your faith?

What challenges do you face on your spiritual journey?

What is it that holds you in your faith?

What inspires you from the faith traditions of others?

What place does silence/prayer/meditation play in your life?

What is your feeling about death and dying?

Could you share one of the most transformative experiences on your path?

What makes you laugh on your spiritual journey?

From the wisdom you have gathered, what advice would you offer to someone starting on their spiritual journey in your faith?

What benefit have you experienced from being on a spiritual journey?

What is your favourite prayer/hymn/chant/ritual?

How do you know when you are making spiritual progress?

How does your faith help you to understand disasters?

What has been your most powerful Spiritual experience?

Do you have a story about a personal experience of the power of faith?

As a religious/spiritual person, what responsibility do you feel towards the community/society/world?